

**What Is Claimed Is:**

1. A method of alleviating symptoms of a psychological condition selected from the group consisting of depression, bi-polar disorders, anxiety disorders, panic attacks, agoraphobia, attention deficit syndrome, premenstrual dysphoric disorder (PMDD), and premenstrual syndrome (PMS) comprising administering to a subject in need thereof nerve growth factor in an amount effective to treat one or more symptoms of said psychological condition.

2. The method of claim 1, wherein said psychological condition is depression.

3. The method of claim 1, wherein said psychological condition is a bi-polar disorder.

4. The method of claim 1, wherein said psychological condition is an anxiety disorder.

5. The method of claim 1, wherein said psychological condition is panic attacks.

6. The method of claim 1, wherein said psychological condition is attention deficit syndrome.

7. The method of claim 1, wherein said psychological condition is agoraphobia.

8. The method of claim 1, wherein said psychological condition is premenstrual dysphoric disorder (PMDD).

9. The method of claim 1, wherein said psychological condition is premenstrual syndrome (PMS).

10. The method of claim 1, wherein said nerve growth factor is administered by a mode selected from the group consisting of sublingual, bucal, oral drench, subcutaneous, intradermal, or intravenous.

11. The method of claim 10, wherein said nerve growth factor is administered sublingually.

12. The method of claim 1, wherein said nerve growth factor is administered at a daily dosage of/from 0.001 to 1 microgram per day.

13. The method of claim 1, wherein said nerve growth factor is administered at a daily dosage of from 0.01 to 0.1 microgram per day.

14. The method of claim 1, wherein the symptoms are selected from a group consisting of sleep disorders, tension headaches, cold sweats, constipation, and chronic fatigue syndrome.

15. A method of alleviating symptoms of a psychological condition selected from the group consisting of sleep disorders, tension headaches, cold sweats, constipation, and chronic fatigue syndrome comprising administering to a patient in need thereof nerve growth factor in an amount effective to treat one or more said symptoms.

16. The method of claim 15, wherein said symptom is a sleep disorder.

17. The method of claim 15, wherein said symptom is a tension headache.
18. The method of claim 15, wherein said symptom is constipation.
19. The method of claim 15, wherein said symptom is chronic fatigue syndrome.
20. The method of claim 15, wherein said nerve growth factor is administered by a mode selected from the group consisting of sublingual, bucal, oral drench, subcutaneous, intradermal, or intravenous.
21. The method of claim 20, wherein said nerve growth factor is administered sublingually.
22. The method of claim 15, wherein said nerve growth factor is administered at a daily dosage of/from 0.001 to 10 micrograms per day.
23. The method of claim 15, wherein said nerve growth factor is administered at a daily dosage of/from 0.05 to 1 micrograms per day.
24. The method of claim 15, wherein said nerve growth factor is administered at a daily dosage of/from 0.01 to 0.1 micrograms per day.
25. A pharmaceutical composition for administering to a subject for alleviating symptoms of a psychological condition selected from the group consisting of depression, bi-polar disorders, anxiety disorders, panic attacks, agoraphobia, attention deficit syndrome, premenstrual dysphoric disorder (PMDD), and

premenstrual syndrome (PMS) comprising nerve growth factor in an amount effective to treat one or more symptoms of said psychological condition.

26. A pharmaceutical composition according to claim 25 comprising 0.001 to 10 micrograms per dosage unit.

27. A pharmaceutical composition according to claim 25 comprising 0.05 to 1 microgram per dosage unit.

28. A pharmaceutical composition according to claim 25 comprising 0.01 to 0.1 micrograms per dosage unit.